

About Us

Work Well is a new initiative designed to support individuals with disabilities and health conditions in starting and maintaining employment.



Get in Touch



www.bayanchornetwork.co.uk/projects/workwell/



workwell@cumbriahealth.nhs.uk



Barrow Leisure Centre, Barrow-in-Furness,
LA13 9DT

To refer yourself to the service scan the QR code below & a member of the team will be in touch within 5 working days:



WorkWell

**Is your health
affecting your
ability to work?**

We're here to help!

A new service is now
available in the
Barrow-in-Furness
area to support you.

The Pilot

- ✓ The WorkWell service is free to access and completely voluntary and will run from January 2025 to March 2026, with referrals accepted up to 30th December 2025 to allow participants to be fully supported before the pilot closes.
- ✓ Where the needs or requirements of the participant go beyond what can be offered by the WorkWell Service, we will connect you to whatever other local service is needed and follow up to ensure the support you receive elsewhere is fully integrated into your return-to-work or thrive-in-work plan.
- ✓ If you are claiming Universal Credit, accessing this service will not impact on your claims

Eligibility Criteria

- ✓ You will either be out of work and need health-related support to return to work OR employed and either absent through sickness or struggling in the workplace due to a health condition
- ✓ You are 18 years or over
- ✓ Your home address OR your GP service falls within the WorkWell service (LA postcode)
- ✓ Your WorkWell Service believes you have a health-related barrier to work that can be met by the service
- ✓ You have the right to work in the UK

The Process

- ✓ You will be paired with a health and work coach, who will collaborate with you to create a personalised, goal orientated support plan designed to support your physical, mental and social wellbeing, helping you return to work and/or thrive in your career
- ✓ This will include: a personal assessment of your needs to understand what support may work best for your current circumstances
- ✓ Access and referral to local and community based work and health support services
- ✓ Support for employers to understand your needs and advice on how to provide workplace adjustments